

**AUREEN PINTO WAGNER, Ph.D.**

**UPCOMING WORKSHOPS FOR PARENTS**

**Wagner, A. P. (March 18, 2010, 6.30-8.30 pm). *Helping Children Cope with Anxiety***  
Two-hour workshop, sponsored by The Norman Howard School, Rochester, NY

Contact: Julie Murray, 334-8010 ext 302

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**Wagner, A. P. (March 21, 2010, 7-9 pm). *Helping Children Cope with Anxiety***  
Two-hour workshop, sponsored by the Reading Public Schools, Reading, MA

Contact: Colleen Dolan, Director of Pupil Services, 781-942-9129

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**Wagner, A. P. (April 7, 2010, 7-9 pm). *Understanding Anxiety in Children and Youth: Identification, Treatment, Strategies and Solutions***  
Two-hour workshop, Richmond Hill High School, sponsored by the York Region District School Board Psychological Service, York, Ontario, Canada

Contact: Elizabeth Iarocci 905-727-0022 (x3105)

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**July 16, 2010, 1.30-3.30pm. *Talk to the Experts: Q and A on Pediatric OCD***  
Panel discussion with members of the Pediatric Sub Committee of the Scientific Advisory Board of the International OCD Foundation, Washington, DC

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Sapp, F. & Wagner, A. P. (July 17, 2010, 8.15-9.15am). *Parents Helping Parents: Sharing Creative Strategies and Tips Learned from the Trenches***  
Annual Conference of the International OCD Foundation, Washington, DC

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**July 18, 2010, 10.45-12.15pm. *Life After OCD***  
Panel discussion at the annual conference of the International OCD Foundation, Washington, DC

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**ABOUT DR. WAGNER'S WORKSHOPS FOR PARENTS**

Anxiety is a normal and healthy emotion that all of us experience everyday. But sometimes, it becomes more harmful than helpful. Did you know that anxiety disorders are the most common mental health problem in children and adolescents, and far more common than attention-deficit disorder or substance abuse? Serious anxiety, which affects 13% or 6.5 million school-aged

children, can sidetrack youngsters from the business of growing up, learning and just being kids. The parents of anxious children struggle to find the right parenting strategies, and families experience the disruption that anxiety can bring into the home. With early recognition and timely treatment, 80% of these children and adolescents can successfully overcome anxiety.

Dr. Aureen Wagner will describe how to tell the difference between normal and problem anxiety and how to recognize early warning signs in children and teenagers. She will offer practical guidance and specific how-to steps for parents to help children overcome worry, perfectionism, test anxiety, school refusal, separation anxiety, social anxiety, excessive shyness, panic, disasters and tragedies, obsessions and compulsions. In addition, she will discuss how anxiety manifests in school, effective treatments, what parents can do to help, what school personnel can do to help, valuable strategies at home and school, do's and don'ts of parenting.

Dr. Wagner's workshops are packed with useful information, combining scientifically-proven cognitive-behavioral therapy (CBT) with highly practical, creative and user-friendly strategies. Topics may cover anxiety disorders as a group or specific disorders such as OCD. Participants are given detailed handouts to enable them to attend more fully to the presentation.

Topics covered include:

- ❖ Normal childhood fears
- ❖ Normal vs. problem anxiety
- ❖ Different forms of anxiety in youngsters
- ❖ What's anxiety, what's not?
- ❖ How anxiety manifests in school
- ❖ What causes anxiety?
- ❖ The fuel for anxiety: The Anxiety Triad
- ❖ The Vicious Cycle of Avoidance
- ❖ Parent "traps"
- ❖ Cognitive-behavioral therapy (CBT)
- ❖ Child-friendly coping strategies
- ❖ Medications for anxiety
- ❖ The 3 P's of effective parenting
- ❖ Managing meltdowns and explosiveness
- ❖ What not to do: Strategies that don't help
- ❖ Working with your child's school
- ❖ Building self-reliance in your child

### ABOUT THE SPEAKER

Aureen Pinto Wagner, Ph.D. is Clinical Associate Professor of Neurology at the University of Rochester School of Medicine & Dentistry, Director of The Anxiety Wellness Center in Rochester, NY, and member of the Scientific Advisory Board of the Obsessive-Compulsive Foundation. She is a Clinical Child Psychologist who is widely recognized for her unique *Worry Hill* approach to making Cognitive-Behavioral Therapy accessible to youngsters. Dr. Wagner is a sought-after speaker who is known for her depth of knowledge, user-friendly conceptualization of CBT, creative clinical innovations and practical strategies. Her workshops consistently receive outstanding reviews.

Dr. Wagner received her education at the University of Iowa, the Yale University Child Study Center and Brown University. She is the author of several books and treatment resources including *Treatment of OCD in Children and Adolescents: A Cognitive-Behavioral Therapy Manual*, *Worried No More: Help and Hope for Anxious Children*, *Up and Down the Worry Hill: A Children's Book about Obsessive-Compulsive Disorder and its Treatment*, and *What to do when your Child has Obsessive-Compulsive Disorder: Strategies and Solutions* (see [www.Lighthouse-Press.com](http://www.Lighthouse-Press.com))

**Two-hour** workshops focus is on early recognition of anxiety, understanding the factors that fuel anxiety, cognitive-behavioral therapy, medication, proactive parenting and practical strategies for parents to help children overcome anxiety. They are suitable for parents of all children, including those with and without significant anxiety problems. These workshops are often organized by Parent-Teacher Associations and are open to all parents of children within the sponsoring school or district.

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**Half-day** workshops provide thorough coverage of early recognition, differentiation of anxiety/OCD from other complicated conditions (e.g., Tourette Syndrome, ADHD, Asperger's Syndrome), description of cognitive-behavioral therapy for anxiety, effective parenting, building self-reliance in children and working with the school. They are geared towards providing parents with strategies for parenting a child with anxiety or OCD, handling daily challenges and practical strategies to overcome anxiety. There is more time for question/answer and discussion.

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**Full-day** workshops are ideal for parents who are looking for in-depth knowledge of anxiety or OCD. There is greater focus on strategies for everyday real-life situations that anxiety presents for families. The morning session covers the same content as the half-day workshop. The afternoon session is geared towards group discussion of management strategies specific to real situations experienced by parents, handling their own emotions, taking care of themselves, managing day-to-day challenges that anxiety/OCD presents and moving towards recovery. Participants will also receive guidance in initiating and facilitating parent support groups that foster guidance, coping, recovery and healing for members.

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To schedule a workshop with Dr. Wagner or for more information, please call (585) 594-4770  
Workshop sponsor must provide meeting room, LCD projector, and microphone.

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#### **DR. WAGNER'S WORKSHOPS FOR PARENTS FROM 2005 onwards**

**Wagner, A. P. (September 24, 2009). *Helping Children Cope with Anxiety***

Two-hour workshop, sponsored by the Children's Hospital of the King's Daughters, Norfolk, VA.

Contact: Sandra "Sam" Fabian, Children's Hospital of The King's Daughters, Community Outreach Program Manager, Norfolk,VA 757.668.7402 Sandra.Fabian@chkd.org

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**Wagner, A. P. (August 7, 2009). *Frequently Asked Questions (FAQ's) about OCD in Children and Adolescents***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Minneapolis, MN.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (February 18, 2009, 7-9pm). *Worried No More: Helping Children Cope with Anxiety***

Two hour workshop for parents

Tampa Florida, H.B. Plant High School Auditorium

Contact: Stephanie Sharpe, Mitchell Elementary PTA President 813 873-8746

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**Wagner, A. P. (November 5, 2008). *Worried No More: Practical Strategies to Help Children Cope with Anxiety and Stress***

Two hour workshop for parents, London, Ontario, Canada, sponsored by the Child and Parent Resource Institute, Ontario Ministry of Children and Youth.

Contact: Mary Poole, Program Support Manager, CPRI 519 858-2774, ext. 2910.

<http://www.cpri.thehealthline.ca/comingevents.asp>

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**Wagner, A. P. (August 2, 2008). *Up and Down the Worry Hill: CBT for Children & Adolescents with OCD***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Boston, MA.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (June 11, 2008, 7-9 pm). *Tourette Syndrome, OCD and Anxiety***

Toronto Western Hospital, Toronto, Canada. Sponsored by the Tourette Syndrome Foundation of Canada.

Contact: [www.tourette.ca/chapters\\_greatertoronto.php](http://www.tourette.ca/chapters_greatertoronto.php) or call 416-799-6976

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**Wagner, A. P. (March 12, 2008). *Helping Children Cope with Anxiety***

Two-hour workshop, sponsored by the Children's Hospital of the King's Daughters, Norfolk, VA.

Contact: Sandra Fabian, Children's Hospital of The King's Daughters, 757.668.7402

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**Wagner, A. P. (March 8, 2008). *All Anxieties Great and Small: An Adolescent Girl's Ambivalent Journey to Recovery***

Anxiety Disorder Grand Rounds, annual conference of the Anxiety Disorders Association of America, Miami, FL.

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (March 7, 2008). *CBT for Hard-to-Treat OCD Symptoms in Children & Adolescents: Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding***

Three hours, annual conference of the Anxiety Disorders Association of America, Savannah, GA.

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (Nov 16, 2007). *Anxiety and OCD in Children and Adolescents: User Friendly Treatment and Parenting Strategies***

Full day intensive training, sponsored by the Mental Health Association of Suffolk County, NY and Division of Community Mental Hygiene, Suffolk County, Long Island, NY

Contact: Colleen Merlo, LMSW, colleenmerlo@mhasuffolk.org

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**Wagner, A. P. (October 25, 2007). *Worried No More: Practical Strategies to Help your Anxious Child***

Two-hour workshop, Parent-Teacher Association, Pittsford School District, Pittsford, NY

Contact person: Eileen Hauser, PTA President 585 586-2337

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**Wagner, A. P. (September 27, 2007). *Worried No More: Practical Strategies to Help your Anxious Child***

Two-hour workshop, Parent-Teacher Association, Geneseo Central School District, Geneseo, NY

Contact person: Anna Kowalchuk, PTA President

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**Wagner, A. P. (September 29, 2007). *Cognitive-Behavioral Therapy for Youngsters with Tourette Syndrome, OCD and Anxiety***

Plenary address, annual conference of the Tourette Syndrome Foundation of Canada, Niagara Falls, ON

Contact: Rosie Wartecker, Executive Director, TSF (416) 861-8398 or 1-800-361-3120

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**Wagner, A. P. (October 4, 2007). *Helping Children Cope with Anxiety***

Two-hour workshop, Salt Lake City, Utah

Contact: Leah Voorhies, President Elect, Utah Association of School Psychologists, leahv@usdb.org

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**Wagner, A. P. (July 21, 2007). *The Worry Hill Treatment Protocol for OCD in Children & Adolescents***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (July 21, 2007). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

2 hours, annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (July 21, 2007). *"Help! My 5 year-old has every symptom in the book!" Treatment of 37 presenting complaints and a family in crisis.***

OCD Grand Rounds chaired by Charles Mansueto, Ph.D., for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (March 1, 2007). *Helping Children Cope with Anxiety***

Two-hour workshop for parents and school professionals, Lynnfield School District, Lynnfield, MA

Contact: Martha Waldo 781.334.5809

Average numerical rating by attendees (4=excellent, 1=poor): **3.7/4**

Comments from participants:

- Excellent workshop! It was helpful to have the handout available on the web.
  - The diagrams, the worry hill and how habituation happens—it was all excellent.
  - Excellent, clear, logical and do-able approach to a common problem!
  - Great for me to hear the best techniques for children. Very organized and well presented.
  - Great information for me as a mom of two small children.
  - Your enthusiasm and humor really added to the presentation.
  - Thank you! Very good presentation with very important information. Thank you for being so supportive and compassionate towards parents.
  - The presentation was helpful and informative. Dr Wagner is very easy to listen to.
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**Wagner, A. P. (November 2, 2006). *Helping Children Cope with Anxiety***

Two-hour workshop for parents, Cobbles Elementary School, Penfield, NY

Contact: Jean Woodarek, Counselor, Cobbles Elementary School 585 249-6506

Average numerical rating by attendees (4=excellent, 1=poor): **3.9/4**

Comments from participants:

- This was outstanding and superb. Gave me words and explanations to what my child is experiencing.
  - It was great to learn how to teach children to think calmly.
  - It was great. I liked your style and I love the idea of the Worry Hill and the Feeling Thermometer.
  - The practical steps were great, as was the affirmation of parenting techniques.
  - So many light bulbs went off for me, so many things I had missed or misunderstand.
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**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part I***

Ninety minute workshop for parents and professionals at the Annual Conference of the Life Management Center, Charleston, SC.

**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part II***

Ninety minute workshop, Annual Conference of the Life Management Center, Charleston, SC.

Contact: Hope Fowler 843.852.5705 or visit [www.lifemanagement.org](http://www.lifemanagement.org)

Average numerical rating by attendees (5=strongly agree, 1=strongly disagree): **3.8/4**

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**Wagner, A. P. (July 21-23, 2006). *The Worry Hill Treatment Protocol for OCD in Children and Adolescents***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.
- Wonderful, great, well presented!
- I wish I had attended this program years ago—I have learned so much that I can apply now.
- Superb, creative and helpful. Thank God for Dr. Wagner!
- Excellent—Did a good job of blending treatment providers' and families' needs.
- Fabulous! Would love to have her in Atlanta.
- Outstanding presentation. Very encouraging.
- Please have Aureen do an advanced BTI next year. She is so practical and helpful.
- Great workshop! Lots of useful information to take back for practice.
- Obviously a leader in the field. Very informative and helpful, easy to follow and understand.
- Very, very good and helpful. I like the hands-on stuff. She was clear and a great speaker.
- Very practical, easy to follow, great handouts.

**Wagner, A. P. (July 21-23, 2006). *Bad thoughts, Just Right, Scrupulosity and More: CBT for Children and Adolescents with OCD.***

Two-hours, annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Fantastic! Very helpful information on “just right” OCD.
- Absolutely superior session. This is the level that is appropriate for clinicians who treat OCD. This is the type of content that clinicians need. More Dr. Wagner, please.
- Excellent! Best at conference! Very informative, geared towards clinicians. Great examples.
- Great presentation! Very knowledgeable, helpful to have her share real life stories and examples.
- Very thorough, utilizes very creative approaches, supports theory with case studies.
- Dr. Wagner has exceptional knowledge in this area and is a very interesting speaker.
- Would highly recommend this session to anyone who works with children and any parents of OCD children.
- Dr. Wagner's presentation was fantastic! She is very thorough, organized and efficient.
- Great speaker. I like her.
- Great job covering a very difficult topic. The treatment suggestions and clinical tips were very helpful.
- Excellent talk! Thank you for holding questions until the end.
- Please have Dr. Wagner do an advanced BTI. Her clinical expertise is invaluable.
- Great handout, great presentation, useful for practice, great question and answer time.
- We very much enjoyed both her talks—we had already selected her talks as a “must attend.”

**Wagner, A. P., Adams, G., Birkhan, W., Hammes, K., & Pesses, G. (July 21-23, 2006). *Clinician-Parent Forum: Sharing experiences, insights and strategies for recovery from OCD.***

1.5 hours, annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Very good support, experience and education
- Excellent! I was very glad I came.
- Very informative session. All of the panelists had very insightful comments and practical suggestions. I appreciate all their time.
- Very knowledgeable and helpful panel.
- Excellent, very informative.

**Wagner, A. P. (April 26, 2006). *Worried No More: Practical Strategies to Help your Anxious Child***

Two-hour workshop for parents of children and adolescents.

Sponsored by the Bernabi Parent-Teacher Association, Spencerport, NY

Contact person: Colette Colby (352-9078), President, Bernabi Parent-Teacher Association

**Wagner, A. P. (March 24, 2006). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hour workshop, annual conference of the Anxiety Disorders Association of America, Miami, FL

Contact: [www.adaa.org](http://www.adaa.org)

Average numerical rating by attendees (1=excellent, 4=poor): **1.5/4**

Comments from participants:

- Comprehensive and superb. Worth the trip. Can I get supervision?
- Outstanding. Please have her teach more workshops.
- Need more pediatric workshops and Aureen Wagner is terrific!
- Excellent!
- Wonderful information, informed speaker.

**Wagner, A. P. (November 26, 2005). *OCD and Families: Accelerating Progress through Connection***

Keynote address at the National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

**Wagner, A. P. (November 26, 2005). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hour workshop, National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

Average numerical rating by attendees (4=excellent, 1=fair): **4/4**

Comments from participants:

- This was excellent! Please, can we have a full day (or more if needed) course by Dr. Wagner to train CBT practitioners to work with children with CBT.
  - Very informative and useful, especially the explanation of CBT and the Worry Hill idea.
  - Thank you very much for an informative and very practical talk—it was great to have real tips and techniques that can be put into practice.
  - Clear and concise talk. Lots of good tips.
  - A really good workshop—great presentation and supportive atmosphere.
  - Very clear and useful guidance on how to help children and their carers.
  - Thank you so much! The examples of specific cases were very helpful. I wish there was more time for this workshop.
  - Excellent range of information—clear and interesting. I particularly liked the strategies and metaphors.
  - Excellent presentation. It was so helpful to listen to a real expert.
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**Wagner, A. P. (November 26, 2005). *Obsessive-Compulsive Disorder in Children and Adolescents: Strategies and Solutions***

Two-hour workshop, National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

Average numerical rating by attendees (4=excellent, 1=fair): **3.88/4**

Comments from participants:

- This speaker was one of the best I have heard. The Worry Hill metaphor, the explanation of CBT and habituation was excellent.
  - The description of CBT was excellent! It was helpful to know how children with OCD feel.
  - It was all very good, especially the Feeling Thermometer idea and the ideas for helping children.
  - This was really useful. The anecdotes, sample hierarchies and ideas for working with reluctant children were very helpful.
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**Wagner, A. P. (November 26, 2005). *RIDE Up and Down the Worry Hill and Conquer your OCD!***

Two-hour interactive workshop for children with OCD (and their parents) at the National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

Average numerical rating by attendees (4=excellent, 1=fair): **3.76/4**

Comments from participants:

- Excellent. The lecturer was very friendly and approachable. Very easy to understand.
  - You explained it very well. The story was good for my soon.
  - Very enjoyable and encouraging.
  - Dr. Wagner has a warm and friendly manner and seems to relate to children especially well.
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**Wagner, A. P. (October 25, 2005). *Worried No More: Practical Strategies to Help your Anxious Child***  
Two-hour workshop, Parent-Teacher Association, Pittsford School District, Pittsford, NY

Contact person: Eileen Hauser (586-2337)

Average numerical rating by attendees (4=excellent, 1=poor): **3.99/4**

Comments from participants:

- It was fabulous! I learned a lot. I just wish we had more time. Maybe another in-depth talk.
  - Excellent presenter, not too technical, good examples, great humor.
  - Loved her style, comforting, funny, good pace
  - Wonderful presentation, very interesting topic
  - Very thorough and knowledgeable. Spoke as a parent, not just a clinician
  - She is great! So much information with problem-solving techniques
  - Loved the talk—learned so much, light bulbs were exploding for me.
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**Wagner, A. P. (July 2005). *The Worry Hill Treatment Protocol for the treatment of OCD in children and adolescents.***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

Participant comments:

- Fantastic speaker. She has a very sincere, nurturing attitude. She should be part of every annual conference. I would love for her to teach a more advanced workshop. Love her material and books.
  - One of the most valuable sessions I have attended. I learned a great deal more about the subject and I thought I was already knowledgeable about it.
  - Excellent, creative speaker. Wonderful use of imagination...such a beautiful idea of creating metaphorical stories for children to learn to control their OCD in a concrete manner versus an abstract one. Creates clarity for adults also.
  - You have a wonderful way to present CBT to parents—I wish I had heard you four years ago! Thank you for a great presentation and organized approach to treatment.
  - Excellent! Well organized and informative—a real treasure.
  - Great! So practical and useful in clinical practice. Her knowledge and passion for her work is inspiring.
  - Excellent presentation. Practical explanation with great instruction.
  - Dr. Wagner breaks down CBT treatment in a step-by-step manner I could relate to and understand. It's been hard to find up to this session.
  - She is so articulate, perceptive and insightful. A huge and valuable resource. She is amazing and I hope she'll always be given as much time as she wants to present!
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**Wagner, A. P. & Franklin, M. (July 2005). *Clinical Dialogue: Treatment of specific obsessions and compulsions in children and adolescents***

Two-hours, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA.

Contact person: Jeannette Cole (203) 401-2070

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.

- Great presentation! Great speakers, material very helpful practically, handouts great, good examples, good q and a.
- Wonderful! Very intelligent and knowledgeable presenters. Would love to have listened to them for longer. Bring them back!
- Excellent presenters and AV! Very comprehensive and very helpful for my practice.
- Wonderful presentations –it was excellent for me as a parent but I can see that a therapist would learn a lot from it. Thank you.
- Wonderful! They have given me the best tools to deal with my son's problems.
- Enjoyable, good tone. Lots of information (theory) mixed with real examples. Relaxed presentation, used humor.

**Wagner, A. P. (July 2005). *Parent-Clinician Forum: OCD in the family***

Moderator of two-hour panel discussion, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

**WORKSHOPS FOR PARENTS PRIOR TO 2005**

**Wagner, A. P. (July 2004). *Parent-Clinician Forum: OCD in the Family: Sharing experiences, insights and strategies in coping, treatment, recovery and healing***

Moderator of two-hour panel discussion between clinicians, parents and attendees at the annual conference of the Obsessive-Compulsive Foundation, Chicago, IL.

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

**Wagner, A. P. (July 2003). *How to maximize your child's chances of success in treatment.***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, Nashville, TN

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

**Wagner, A. P. (March 2003). *Worried No More: Cognitive-Behavioral Strategies for Anxious Children.***

Two-hours, Annual Conference of the Anxiety Disorders Association of America, Toronto, Canada.

**Wagner, A. P. (February 2003). *Helping children cope with anxiety.***

Two-hours, Fairport School District, Fairport, NY.

Contact person: Terri Pries, Dudley Elementary School Parent-Teacher Association (585) 377-1753

**Wagner, A. P. (November 2002). *Worried No More: Practical Strategies to help your Anxious Child***

Two hour workshop, annual conference on Anxiety Disorders organized by the National Alliance for the Mentally Ill (NAMI), Cuyahoga County, Cleveland, OH

Contact person: Michelle Strah, Ph.D. Chair of the Education Committee, NAMI (440) 333-9944

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**Wagner, A. P. (July 2002). *What to do when your Child has OCD: Strategies and Solutions***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, Philadelphia, PA

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

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**Wagner, A. P. (January 2002). *Coping with Anxiety: Help for Children and Adolescents.***

Two hour workshop, Penfield School District, Penfield, NY

Contact person: Janet Baker, School Counselor, Indian Landing Elementary School (585) 249-6900

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**Wagner, A. P. (October 2001). *Obsessive-Compulsive Disorder in School-Aged Children.***

Two-hour workshop, Tompkins-Seneca-Tioga (Tri-county) Board of Cooperative Educational Services and Parent-Teacher Association, Ithaca, NY.

Contact person: Patricia Flaccus, Coordinator, SETRC Center, Ithaca, New York (607) 257-1551

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**Wagner, A. P. (July 2001). *Up and Down the Worry Hill: Engaging Children in Behavior Therapy***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, Denver, CO

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

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**Wagner, A. P. (August 2000). *Up and Down the Worry Hill: Parents, Clinicians and Educators Talking to Children about OCD***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, Chicago, IL

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

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