

AUREEN PINTO WAGNER, Ph.D.

**UPCOMING WORKSHOPS FOR HEALTH CARE PROFESSIONALS**

**Wagner, A. P. (March 6, 2010).** *“Help! My 5 year-old has every symptom in the book!” Treatment of 37 presenting complaints and a family in crisis.*

Anxiety Disorder Grand Rounds, annual conference of the Anxiety Disorders Association of America, Baltimore, MD.

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (March 6, 2010).** *Cultivating Treatment Readiness in Anxious Children & Adolescents*  
One-hour workshop, annual conference, Anxiety Disorders Association of America, Baltimore, MD.

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (March 26, 2010).** *Cognitive-Behavioral Therapy for Anxious Kids: Making it User-Friendly*

Two hour workshop for clinicians, The Psychotherapy Networker Annual Conference, Omni Shoreham, Washington, DC

Contact: Jim Foreman - Symposium Director      202-885-5272      [www.psychotherapynetworker.org](http://www.psychotherapynetworker.org)

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**Wagner, A. P. (July 17, 2010).** *Hard to treat OCD in Children and Adolescents: CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding*

2 hours, for clinicians, annual conference of the International OCD Foundation, Washington, DC

Contact: [www.ocffoundation.org](http://www.ocffoundation.org)

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**Wagner, A. P. (July 26-30, 2010).** *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents*

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. 888 394-9293 or 203 422-0535 or [www.cape.org](http://www.cape.org)

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**ABOUT DR. WAGNER’S WORKSHOPS FOR HEALTH CARE PROFESSIONALS**

Anxiety disorders are the most common mental health problem in children and adolescents, affecting about 13% or 6.5 million youngsters. Cognitive-behavioral therapy (CBT) can help as many as 80% of these children successfully overcome OCD and anxiety. However, it is estimated that the majority of anxious children do not receive CBT, due in part to a significant shortage of clinicians with expertise in CBT with children and adolescents. Clinicians often find it difficult to access in-depth clinical training in CBT.

Dr. Wagner's workshops are designed to provide practitioners, from beginners to seasoned clinicians, with in-depth training and consultation in the application of CBT for OCD and anxiety disorders. Participants will learn empirically-sound, developmentally sensitive, appealing and practical CBT approaches that are feasible in clinical settings and designed to optimize motivation and treatment compliance in children and adolescents. Strategies for building treatment-readiness, collaborating with parents, managing anxiety in school, working with reluctant children, relapse prevention, and challenges in treatment will be covered.

Participants should be familiar with diagnosing anxiety in children and adolescents and should have at least Master's level training in a mental health profession. (Students currently in a Master's program will also be accepted). These workshops are not designed for parents or those who are primarily interested in applying CBT in the classroom setting (see *Workshops for Parents* and *Workshops for School Professionals*).

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**Half-day** workshops provide an overview of anxiety disorders, the principles of CBT and a practical, user-friendly and appealing approach to CBT with youngsters. Practitioners will learn to recognize the risk factors that perpetuate anxiety and the tools and techniques to help children overcome anxiety. This workshop is suitable for professionals in a mental health or allied field, pediatricians, internists and other interested health care providers.

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**Full-day (or multiple day) trainings** are designed for mental health professionals interested in applying CBT for anxiety disorders in clinical practice. Dr. Wagner will provide in-depth training and consultation in the application of CBT, with coverage of highly specific aspects of treatment implementation. Trainings can be tailored to the participants at a Beginner, Intermediate or Advanced level. (For groups with mixed expertise, the general presentation is at the Intermediate level).

Case studies, video tapes, discussion and exchange of creative strategies will augment didactic presentation in helping participants learn to develop creative and specific treatment plans. Detailed handouts, *Teaching Tools*, forms for assessment and treatment, and visual aids will be provided. Participants are encouraged to bring cases for discussion.

Please call (585) 594-4770 for fees. Workshop sponsor must provide meeting facility and AV equipment.

**Consultations:** Dr. Wagner provides consultations to professionals on an as-needed basis. Sessions are scheduled when mutually convenient and are tailored to the needs of the consultee, who may seek input on one or more clients and one or more issues in a session.

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## ABOUT THE SPEAKER

Aureen Pinto Wagner, Ph.D. is Clinical Associate Professor of Neurology at the University of Rochester School of Medicine & Dentistry, Director of The Anxiety Wellness Center in Rochester, NY, and member of the Scientific Advisory Board of the Obsessive-Compulsive Foundation. She is a Clinical Child Psychologist who is widely recognized for her unique *Worry Hill* approach to making cognitive-behavioral therapy accessible to youngsters. Dr. Wagner is a sought-after speaker who is known for her depth of knowledge, user-friendly conceptualization of CBT, creative clinical innovations and practical strategies. Her workshops consistently receive outstanding reviews.

Dr. Wagner received her education at the University of Iowa, the Yale University Child Study Center and Brown University. She is the author of several books and treatment resources including *Treatment of OCD in Children and Adolescents: A Cognitive-Behavioral Therapy Manual*, *Worried No More: Help and Hope for Anxious Children*, *Up and Down the Worry Hill: A Children's Book about Obsessive-Compulsive Disorder and its Treatment*, and *What to do when your Child has Obsessive-Compulsive Disorder: Strategies and Solutions* (see [www.Lighthouse-Press.com](http://www.Lighthouse-Press.com))

### **DR. WAGNER'S WORKSHOPS FOR CLINICIANS (2005 onwards)**

**Wagner, A. P. (January 17, 2010). *Cognitive-Behavioral Therapy for Anxiety Disorders in Children and Adolescents: Current Status and Future Directions***

Sponsored by the Western New York Council of Child Psychiatrists, Rochester, NY

Contact: Paul Rosenfeld, MD (585) 292-1910

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**Wagner, A. P. (November 5 and 6, 2009). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians and school professionals, sponsored by Leading Edge Seminars

Contact: Michael Kerman 416-964-1133 [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)

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**Wagner, A. P. (October 30, 2009). *Up and Down the Worry Hill: User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full-day workshop for clinicians, sponsored by Psychology Clinic for Assessment, Therapy, and Research, Department of Psychology, Georgia State University.

Contact: Barbara Vassell 404-413-6229

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**Wagner, A. P. (October 15 and 16, 2009). *Cognitive-Behavioral Therapy for OCD and Anxiety: User-Friendly Treatment for Children and Adolescents***

Two-day workshop for clinicians, sponsored by the School of Social Work, University of Calgary, Alberta, Canada

Contact: Lobsang Galak, Assistant Director, Continuing Professional Education 403.220.3410

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**Wagner, A. P. (September 25, 2009). *The Many Faces of Anxiety in Children and Adolescents: Early Recognition and Effective Intervention***

Half-day workshop for professionals, Children's Hospital of the King's Daughters, Norfolk, VA.

Contact: Sandra Fabian, 757.668.7402

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**Wagner, A. P. (August 7, 2009). *Hard-to-Treat OCD in Children and Adolescents: CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding***

1.5 hours, for clinicians, annual conference of the Obsessive-Compulsive Foundation, Minneapolis, MN.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (July 27-31, 2009). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. 888 394-9293 or 203 422-0535 or [www.cape.org](http://www.cape.org)

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**Wagner, A. P. (July 2009). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

2 hours, for clinicians, annual conference of the Obsessive-Compulsive Foundation, Minneapolis, MN.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (March 28, 2009). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two hour workshop for clinicians, The Psychotherapy Networker Annual Conference, Omni Shoreham, Washington, DC

Contact: Jim Foreman - Symposium Director 202-885-5272 [www.psychotherapynetworker.org](http://www.psychotherapynetworker.org)

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**Wagner, A. P. (November 21 and 22, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two day workshop for clinicians at Maryvale Adolescent and Family Services, Windsor, Ontario, Canada

Contact: Connie Martin, Executive Director 519 258-0484

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**Wagner, A. P. (November 6 and 7, 2008). *Up and Down the Worry Hill: User-Friendly Cognitive-Behavioral Therapy for Anxiety in Youngsters***

Two day training workshop for clinicians and school professionals, Child and Parent Resource Institute Ontario Ministry of Children and Youth Services, London, Ontario, Canada.

Contact: Tanya Kelly, CPRI 519 858-2774

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**Wagner, A. P. (October 30, 2008). *Worried No More: User-Friendly Cognitive-Behavioral Therapy and Parenting Strategies for Anxious Children***

Full day workshop, Saratoga County Mental Health Center, Saratoga Springs, NY.

Contact: Diane Fitzgerald, Youth Services, 518-584-9030

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**Wagner, A. P. (September 26, 2008). *User-Friendly Cognitive-Behavioral Therapy for Anxiety and OCD in Children and Adolescents***

Full day training workshop, Master Therapists Workshop Series, Department of Psychiatry, University of Connecticut Medical School, Farmington/Hartford, CT

Contact: Elizabeth Taylor-Huey, LCSW (860) 679-1404

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**Wagner, A. P. (August 11-15, 2008). *Cognitive-Behavioral Therapy for Anxiety and OCD: Complexities and Challenges in the Treatment of Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535 or [www.cape.org](http://www.cape.org)

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**Wagner, A. P. (August 4-8, 2008). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535 or [www.cape.org](http://www.cape.org)

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**Wagner, A. P. (August 2, 2008). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

1 hour, for clinicians at the annual conference of the Obsessive-Compulsive Foundation, Boston, MA.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (August 2, 2008). *Up and Down the Worry Hill: CBT for Children & Adolescents with OCD***

For clinicians and parents, annual conference of the Obsessive-Compulsive Foundation, Boston, MA.

Contact: [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (June 12-13, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day workshop for clinicians and school professionals, Leading Edge Seminars Inc., Toronto, Canada

Contact: Michael Kerman 416-964-1133 [www.leadingedgeseminars.org](http://www.leadingedgeseminars.org)

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**Wagner, A. P. (March 14, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two hour workshop, The Psychotherapy Networker Annual Conference, Washington, DC.

Contact: Jim Foreman - Symposium Director 202-885-5272 [www.psychotherapynetworker.org](http://www.psychotherapynetworker.org)

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**Wagner, A. P. (March 13, 2008). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full day workshop for clinicians, Children's Hospital of the King's Daughters, Norfolk, VA.

Contact: Elliott V. Levin, LCSW 757 668-7932

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**Wagner, A. P. (March 8, 2008). *All Anxieties Great and Small: An Adolescent Girl's Ambivalent Journey to Recovery***

Anxiety Disorder Grand Rounds, annual conference of the Anxiety Disorders Association of America, Savannah, GA. Chair: Robert Ackerman, MSW

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (March 7, 2008). *CBT for Hard-to-Treat OCD Symptoms in Children & Adolescents: Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding***

Three hour workshop, annual conference, Anxiety Disorders Association of America, Savannah, GA.

Contact: [www.adaa.org](http://www.adaa.org)

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**Wagner, A. P. (Nov 30-Dec 1, 2007). *Worried No More: User-Friendly Cognitive-Behavioral Strategies for Anxious Children***

Conference on Anxiety Disorders sponsored by Harvard Medical School, Department of Continuing Education, Fairmont Copley Hotel, Boston, MA

Contact: Judy Reiner Platt, Ed.D., Director, Continuing Education in Psychiatry 212-595-4488  
[www.cambridgecme.org](http://www.cambridgecme.org)

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**Wagner, A. P. (Nov 16, 2007). *Anxiety and OCD in Children and Adolescents: User Friendly Cognitive-Behavioral and Parenting Strategies***

Full day intensive training sponsored by the Mental Health Association of Suffolk County, NY and Division of Community Mental Hygiene, Suffolk County, Long Island, NY

Contact: Colleen Merlo, LMSW, [colleenmerlo@mhasuffolk.org](mailto:colleenmerlo@mhasuffolk.org)

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**Wagner, A. P. (Nov 1-2, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two-day intensive training for professionals sponsored by The School of Social Work, Dalhousie University, Halifax, Nova Scotia, Canada

Contact: Louise Ghiz MSW, RSW, Coordinator Continuing Education  
Phone 902-494-1353/2249 <http://continuingeducation.socialwork.dal.ca>

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**Wagner, A. P. (October 19, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Full day workshop for clinicians, Holiday Inn Hotel & Suites, Farmington Hills, MI.

Sponsored by Ann Arbor Consultation Services, Ann Arbor, MI.

Contact: Terry Dunivin, MSW 734 996-9111

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**Wagner, A. P. (September 29, 2007). *Cognitive-Behavioral Therapy for Youngsters with Tourette Syndrome, OCD and Anxiety***

Plenary address, annual conference of the Tourette Syndrome Foundation of Canada, Niagara Falls, ON

Contact: Rosie Wartecker, Executive Director, TSF (416) 861-8398 or 1-800-361-3120

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**Wagner, A. P. (August 30-31, 2007). *User-Friendly Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents***

Two day workshop for clinicians, Chattanooga, TN. Sponsored by the Southeast Center for Excellence.

Contact: Susan McGuire, MD 423 499-1205

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**Wagner, A. P. (August 6-10, 2007). *Cognitive-Behavioral Therapy for Anxiety and OCD: Complexities and Challenges in the Treatment of Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535 or [www.cape.org](http://www.cape.org)

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**Wagner, A. P. (July 30-August 3, 2007). *Cognitive-Behavioral Therapy for Anxiety and OCD: User Friendly Treatment for Children and Adolescents***

Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535 or [www.cape.org](http://www.cape.org)

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**Wagner, A. P. (July 21, 2007). *The Worry Hill Treatment Protocol for OCD in Children & Adolescents***

1.5 hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (July 21, 2007). *CBT for Bad thoughts, Scrupulosity, "Just Right," Perfectionism and Hoarding in Children & Adolescents***

2 hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (July 21, 2007). *"Help! My 5 year-old has every symptom in the book!" Treatment of 37 presenting complaints and a family in crisis.***

OCD Grand Rounds chaired by Charles Mansueto, Ph.D., for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Houston, TX.

Contact: Jeannette Cole (203) 401-2070 or [www.ocfoundation.org](http://www.ocfoundation.org)

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**Wagner, A. P. (December 7, 2006). *Application of Cognitive-Behavioral Therapy for Anxiety and OCD in Persons with Co-morbid Tic Disorders***

Full day intensive training for clinicians and graduate students at The Graduate School of Applied and Professional Psychology, Rutgers, The State University of New Jersey, NJ

Contact: Lori Rockmore, Psy.D., Director of Training (732) 445-7795

Average numerical rating by attendees (4=excellent, 1=fair): **4/4**

Comments from participants:

- Very well organized, loved the video clips
- Dr. Wagner is a phenomenal presenter and a very intelligent woman.
- Excellent! Video clips were a great help in illustrating techniques, as were hierarchy examples
- The topic of bad thoughts OCD, which is very difficult was well explained and very helpful.
- The workshop was very informative and engaging. Thank you.
- You seem very good at this treatment and the treatment seems very user friendly. I'm looking forward to using your materials.
- I love the Worry Hill metaphor and the whole treatment approach.
- Very comprehensive, particularly helpful with regard to OCD subtypes like "bad thoughts" and "just right."
- Videotaped segments were great for illustrating techniques.

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**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part I***  
Ninety minute workshop for professionals and parents at the Annual Conference of the Life Management Center, Charleston, SC

**Wagner, A. P. (October 10, 2006). *Effective Child-Friendly Treatment for Anxiety and OCD: Part II***  
Ninety minute workshop for professionals and parents at the Annual Conference of the Life Management Center, Charleston, SC

Contact: Hope Fowler 843.852.5705 or visit [www.lifemanagement.org](http://www.lifemanagement.org)

Average numerical rating by attendees (4=strongly agree, 1=strongly disagree): **3.8/4**

Comments from participants: None collected

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**Wagner, A. P. (July 31-August 4, 2006). *Cognitive-Behavioral Therapy for Anxiety and OCD: Effective and User-Friendly Treatment for Children and Adolescents***  
Week-long intensive training for clinicians and school professionals, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535 or [www.cape.org](http://www.cape.org)

Average numerical rating by attendees (5=strongly agree, 1=strongly disagree): **4.8/5**

Comments from participants:

- Dr. Wagner was extremely well prepared, articulate and organized. Her materials were excellent.
- Very organized, "real world" applicability. The feel was unexpectedly terrific.
- I really liked the quality and pace of the workshop: A lot of information presenting in an interesting, well-organized way.

- Excellent presenter. I learned how to develop specific hierarchies for OCD and anxiety
  - The workshop was wonderfully complete and detailed. It was a great learning experience.
  - The workshop was great. I would definitely take an advanced workshop with Dr. Wagner.
  - An excellent speaker, very knowledgeable. I liked the video clips—helpful way to learn.
  - Well organized, informative, met goals, use of video clips—Dr. Wagner was a very good presenter!
  - The knowledge of the speaker, the handouts and the references were excellent.
  - Dr. Wagner's skill and knowledge were terrific. She clearly knew the material and made things very interesting as well.
  - The level of the presentation was described accurately in the brochure and maintained very well in the workshop. Dr. Wagner was superb, expert, prepared and accessible.
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**Wagner, A. P. (March 24, 2006). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hour workshop, annual conference of the Anxiety Disorders Association of America, Miami, FL

Contact: [www.adaa.org](http://www.adaa.org)

Average numerical rating by attendees (1=excellent, 4=poor): 1.5/4

Comments from participants:

- Comprehensive and superb. Worth the trip. Can I get supervision?
  - Outstanding. Please have her teach more workshops.
  - Need more pediatric workshops and Aureen Wagner is terrific!
  - Excellent!
  - Wonderful information, informed speaker.
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**Wagner, A. P. (July 21-23, 2006). *The Worry Hill Treatment Protocol for OCD in Children and Adolescents***

1.5 hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.
  - Wonderful, great, well presented!
  - I wish I had attended this program years ago—I have learned so much that I can apply now.
  - Superb, creative and helpful. Thank God for Dr. Wagner!
  - Excellent—Did a good job of blending treatment providers' and families' needs.
  - Fabulous! Would love to have her in Atlanta.
  - Outstanding presentation. Very encouraging.
  - Please have Aureen do an advanced BTI next year. She is so practical and helpful.
  - Great workshop! Lots of useful information to take back for practice.
  - Obviously a leader in the field. Very informative and helpful, easy to follow and understand.
  - Very, very good and helpful. I like the hands-on stuff. She was clear and a great speaker.
  - Very practical, easy to follow, great handouts.
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**Wagner, A. P. (July 21-23, 2006). *Bad thoughts, Just Right, Scrupulosity and More: CBT for Children and Adolescents with OCD.***

Two-hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Fantastic! Very helpful information on “just right” OCD.
- Absolutely superior session. This is the level that is appropriate for clinicians who treat OCD. This is the type of content that clinicians need. More Dr. Wagner, please.
- Excellent! Best at conference! Very informative, geared towards clinicians. Great examples.
- Great presentation! Very knowledgeable, helpful to have her share real life stories and examples.
- Very thorough, utilizes very creative approaches, supports theory with case studies.
- Dr. Wagner has exceptional knowledge in this area and is a very interesting speaker.
- Would highly recommend this session to anyone who works with children and any parents of OCD children
- Dr. Wagner’s presentation was fantastic! She is very thorough, organized and efficient.
- Great speaker. I like her.
- Great job covering a very difficult topic. The treatment suggestions and clinical tips were very helpful.
- Excellent talk! Thank you for holding questions until the end.
- Please have Dr. Wagner do an advanced BTI. Her clinical expertise is invaluable.
- Great handout, great presentation, useful for practice, great question and answer time.
- We very much enjoyed both her talks—we had already selected her talks as a “must attend.”

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**Wagner, A. P., Adams, G., Birkhan, W., Hammes, K., & Pesses, G. (July 21-23, 2006). *Clinician-Parent Forum: Sharing experiences, insights and strategies for recovery from OCD.*** 1.5 hours, for clinicians and parents at the annual conference of the Obsessive-Compulsive Foundation, Atlanta, GA.

Contact: Jeannette Cole (203) 401-2070

Participant Comments:

- Very good support, experience and education
- Excellent! I was very glad I came.
- Very informative session. All of the panelists had very insightful comments and practical suggestions. I appreciate all their time.
- Very knowledgeable and helpful panel.
- Excellent, very informative.

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**Wagner, A. P. (January 24, 2006). *Cognitive-Behavioral Therapy for OCD Children and Adolescents: Current Status and Future Directions***

Presented to the Western New York Council of Child Psychiatrists, Rochester, NY

Contact: Lisa Rosica, D.O. (585) 586-6842

**Wagner, A. P. (November 26, 2005). *Worried No More: Building Self-Reliance in Anxious Children and Adolescents***

Two-hour workshop for parents and professionals at the National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

Average numerical rating by attendees (4=excellent, 1=fair): 4/4

Comments from participants:

- This was excellent! Please, can we have a full day (or more if needed) course by Dr. Wagner to train CBT practitioners to work with children with CBT.
  - Very informative and useful, especially the explanation of CBT and the Worry Hill idea.
  - Thank you very much for an informative and very practical talk—it was great to have real tips and techniques that can be put into practice.
  - Clear and concise talk. Lots of good tips.
  - A really good workshop—great presentation and supportive atmosphere.
  - Very clear and useful guidance on how to help children and their carers.
  - Thank you so much! The examples of specific cases were very helpful. I wish there was more time for this workshop.
  - Excellent range of information—clear and interesting. I particularly liked the strategies and metaphors.
  - Excellent presentation. It was so helpful to listen to a real expert.
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**Wagner, A. P. (November 26, 2005). *Obsessive-Compulsive Disorder in Children and Adolescents: Strategies and Solutions***

Two-hour workshop for parents and professionals at the National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

Average numerical rating by attendees (4=excellent, 1=fair): 3.8/4

Comments from participants:

- This speaker was one of the best I have heard. The Worry Hill metaphor, the explanation of CBT and habituation was excellent.
  - The description of CBT was excellent! It was helpful to know how children with OCD feel.
  - It was all very good, especially the Feeling Thermometer idea and the ideas for helping children.
  - This was really useful. The anecdotes, sample hierarchies and ideas for working with reluctant children were very helpful.
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**Wagner, A. P. (November 26, 2005). *OCD and Families: Accelerating Progress through Connection***  
Keynote address at the National Anxiety Disorders Conference, London, UK.

More information at: [www.anxietyconference.org.uk/](http://www.anxietyconference.org.uk/)

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**Wagner, A. P. (September 29 and 30, 2005). *Cognitive-Behavioral Therapy for OCD and Anxiety in Children and Adolescents: Effective Intervention and Day-to-day management***

Two-day workshop at the Association of Community Mental Health Centers of Kansas annual conference, Wichita, KA

Contact: Vickie Johnson (785) 234-4773

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**Wagner, A. P. (October 21, 2005). *Practical Applications of Cognitive-Behavioral Therapy for OCD and Anxiety in Children, Adolescents and Adults***

Full day workshop for clinical practitioners and school professionals, co-sponsored by The Psychological Association of Western New York (PAWNY), University at Buffalo School of Medicine and Biomedical Sciences, and New York State Psychological Association (NYSPA).

Contact: Robert Kamman, Ph.D. at buisrjk@gw.omh.state.ny.us or (716) 816-2337

Comments from participants:

- Thorough, well-organized and practical; excellent, useful information and techniques
  - Dr. Wagner shared her expertise in a down-to-earth fashion without being aloof, which helped me make a connection to her and the material, fostering engagement.
  - The applied focus of this presentation was wonderful! Such a switch from the theoretical.
  - Well done! A wealth of information clearly presented and well organized. Thank you!
  - It was an excellent, well-organized, informative presentation.
  - This training was extremely practical—great explanations for assessment, specific treatment techniques. Case studies and examples of clients very helpful. Use of humor wonderful!
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**Wagner, A. P. (July 2005). *Cognitive-Behavioral Therapy for Anxiety and OC: Effective and User-Friendly Treatment for Children and Adolescents***

Week-long intensive training for mental health professionals at the Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535

Average numerical rating by attendees (5=strongly agree, 1=strongly disagree): **4.74/5**

Comments from participants:

- Dr. Wagner was fabulous—very practical, useful information presented in an organized manner. I learned a lot. The perfect blend of academic and clinical information.
  - Dr. Wagner was great! What I loved is the down-to-earth methods and easy language. I am leaving with solid and concrete skills and tools to take to my practice and clients.
  - The course was outstanding! Dr. Wagner presented her user-friendly suggestions for working with children with anxiety.
  - Dr. Wagner is extremely knowledgeable and able to share that knowledge effectively. I would highly recommend her workshop to other professionals.
  - Dr. Wagner was excellent. If she could do an advanced CBT for children course it would be great.
  - What I liked most about the institute was the speaker, her expertise, her presentation, organization and sense of humor.
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**Wagner, A. P. & Franklin, M. (July 2005). *Clinical Dialogue: Treatment of specific obsessions and compulsions in children and adolescents***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA.

Contact person: Jeannette Cole (203) 401-2070

Participant Comments:

- Excellent!!! Information provided was so very practical especially for work with children.
  - Great presentation! Great speakers, material very helpful practically, handouts great, good examples, good q and a.
  - Wonderful! Very intelligent and knowledgeable presenters. Would love to have listened to them for longer. Bring them back!
  - Excellent presenters and AV! Very comprehensive and very helpful for my practice.
  - Wonderful presentations –it was excellent for me as a parent but I can see that a therapist would learn a lot from it. Thank you.
  - Wonderful! They have given me the best tools to deal with my son's problems.
  - Enjoyable, good tone. Lots of information (theory) mixed with real examples. Relaxed presentation, used humor.
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**Wagner, A. P. (July 2005). *The Worry Hill Treatment Protocol for the treatment of OCD in children and adolescents.***

Two-hour workshop, annual conference of the Obsessive-Compulsive Foundation, San Diego, CA

Contact person: Jeannette Cole, Deputy Director, Obsessive-Compulsive Foundation (203) 401-2070

Participant comments:

- Fantastic speaker. She has a very sincere, nurturing attitude. She should be part of every annual conference. I would love for her to teach a more advanced workshop. Love her material and books.
  - One of the most valuable sessions I have attended. I learned a great deal more about the subject and I thought I was already knowledgeable about it.
  - Excellent, creative speaker. Wonderful use of imagination...such a beautiful idea of creating metaphorical stories for children to learn to control their OCD in a concrete manner versus an abstract one. Creates clarity for adults also.
  - You have a wonderful way to present CBT to parents—I wish I had heard you four years ago! Thank you for a great presentation and organized approach to treatment.
  - Excellent! Well organized and informative—a real treasure.
  - Great! So practical and useful in clinical practice. Her knowledge and passion for her work is inspiring.
  - Excellent presentation. Practical explanation with great instruction.
  - Dr. Wagner breaks down CBT treatment in a step-by-step manner I could relate to and understand. It's been hard to find up to this session.
  - She is so articulate, perceptive and insightful. A huge and valuable resource. She is amazing and I hope she'll always be given as much time as she wants to present!
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**Wagner, A. P. (June 2005). *Cognitive-Behavioral Therapy for Obsessive-Compulsive Disorder (OCD) in Children and Adolescents***

Two day intensive training, University of Pittsburgh Medical Center, Western Psychiatric Institute and Clinics, Pittsburgh, PA

Contact: Mary Kay Rahuba, Program Director, WPIC Partial Hospital Programs 412-488-4151

Average numerical rating by attendees (4=excellent, 1=fair): **3.96/4**

Participant Comments:

- Awesome presentation! I admire your passion and knowledge in pediatric OCD.
- Informative, clear, easy to listen to. The fearmometer, readiness concepts and specific techniques were very helpful.
- Overall, an excellent presentation! Very clear presentation with examples, ability to relate information to our clinical settings
- The entire presentation was incredibly helpful. Thank you looking forward to a long-term relationship.
- Great! Very practical.
- Great information! Various techniques to use in the treatment of specific types of OCD was very helpful.
- Excellent program with very interesting subject matter.

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**WORKSHOPS FOR CLINICIANS PRIOR TO 2005**

**Wagner, A. P. (November 2004).**

1. *Cognitive-Behavioral Therapy for OCD and Anxiety Disorders: Practical Applications for Children and Adolescents—Part 1*
2. *Cognitive-Behavioral Therapy for OCD and Anxiety Disorders: Practical Applications for Children and Adolescents —Part 2*

Two 75-minute seminars at the annual U.S. Psychiatric and Mental Health Congress in San Diego, CA

Contact: Diane Turner, Director of Activity Design (949) 250-1008

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**Wagner, A. P. (September 2004).** *Anxiety and OCD in Children and Adolescents: Effective Intervention and Day-to-day management*

Full day workshop, Association of Community Mental Health Centers of Kansas, Kansas City, KA

Contact: Vickie Johnson, (785) 234-4773

Average numerical rating by attendees (5=Strongly agree, 1=Strongly disagree): **4.9/5**

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**Wagner, A. P. (July 2004).** *Cognitive-Behavioral Therapy for Anxiety and OC: Effective and User-Friendly Treatment for Children and Adolescents*

Week-long intensive training, Cape Cod Institute, Cape Cod, MA

Contact: Gilbert Levin, Ph.D. (888) 394-9293 or (203) 422-0535

Average numerical rating by attendees (5=Strongly agree, 1=Strongly disagree): **4.58/5**

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**Wagner, A. P. & Franklin, M. (July 2004).** *Clinical Dialogue: Treatment of specific obsessions and compulsions in children and adolescents*

Two-hours, annual conference of the Obsessive-Compulsive Foundation, Chicago, IL.

Contact person: Jeannette Cole (203) 401-2070

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**Wagner, A. P. (March 2004). *Working with Families of OCD Sufferers***

Annual Conference of the Anxiety Disorders Association of America, Miami

Contact: ADAA

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**Wagner, A. P. (November 2003).**

1. *Cognitive-Behavioral Therapy for Anxiety Disorders: Practical Applications for Children and Adolescents.*
2. *Cognitive-Behavioral Therapy for OCD in Children and Adolescents*
3. *Ask the Expert: Anxiety Disorders and OCD in Children and Adolescents*

Three seminars at the 16<sup>th</sup> Annual 2003 U.S. Psychiatric and Mental Health Congress in Orlando, FL

Contact: Diane Turner, Director of Activity Design (949) 250-1008

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**Wagner, A. P. (March 2003). *Cognitive-Behavioral Therapy: Practical Applications for Anxiety and OCD***

Two hour workshop, Genesee Valley Psychological Association, Rochester, NY

Contact: Elaine Greene, Psy.D., Program Chair (585) 244-0128

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**Wagner, A. P. (November 2000). *Treatment of OCD in children and adolescents.***

Full day workshop, Kaiser Permanente Health System of Northern California, sponsored by the Obsessive-Compulsive Foundation

Contact: Anu Patel, Ph.D. Clinical Psychologist (510) 795 3429